



# CLEAN & GREEN RECIPES

Marine life and corals require a healthy balance of nutrients, oxygen and clean water to survive. Even small quantities of toxic products in the water can disrupt this balance, with lasting harmful effects!

You have two options in acquiring environmentally friendly cleaning products: You can 1) buy them or 2) make them yourself.

Environmentally friendly cleaning products are now more affordable and more widely available than ever before. Please contact [info@greenfins.net](mailto:info@greenfins.net) if you have any questions about locally available products or concerns about their credibility.

Try these simple, homemade and environmentally friendly cleaning recipes as an alternative to more toxic products.

## Ingredients



baking soda

lemon/calamansi



white distilled vinegar

## Method

### WOOD & HULL CLEANER

Mix 1 part white distilled vinegar with 8 parts warm fresh water.

### ALL-PURPOSE CLEANER

Mix ½ a cup of white distilled vinegar, ½ cup of baking powder and 4 litres of warm water and use with a scrubber.

### WETSUIT DISINFECTANT

In your wetsuit cleaning basin, mix 1 part white distilled vinegar with 8 parts warm fresh water. You could even add citrus juice like lemon to neutralise odours.

**REMEMBER: Choose GREEN whenever you CLEAN!**